

New Grain Requirements in CACFP

Separating Wheat from Chaff



REQUIREMENTS

Effective October 1, 2017, New Grain requirements apply to all centers participating in the Child and Adult Care Food Program (CACFP) changes are as follows:

At least one serving of grains per day must be whole grain-rich (7 CFR 226.20(a)(4)(i)(A)). Whole grain-rich foods are foods that contain 100 percent whole grains, or that contain at least 50 percent whole grains and the remaining grains in the food are enriched. This whole grain-rich requirement only applies to meals served to children and adults; it does not apply to infant meals.